

www.rainbow-project.org

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Waring Street
Belfast
BT1 2DX
P: 028 9031 9030

Foyle Office
12a Queen Street
L'Derry
BT48 7EG
P: 028 7128 3030

Cara Friend

02890890202

www.cara-friend.org.uk

Supporting, educating & empowering the LGBT community

Broken Rainbow

0300 999 5428

www.broken-rainbow.org.uk

National Helpline for LGBT individuals experiencing domestic violence

Monday: 2 - 8pm

Wednesday: 10 - 1pm

Thursday: 2 - 8pm

Lasi

www.lasionline.org

Lesbian advocacy services

GLYNI

www.glyni.org.uk

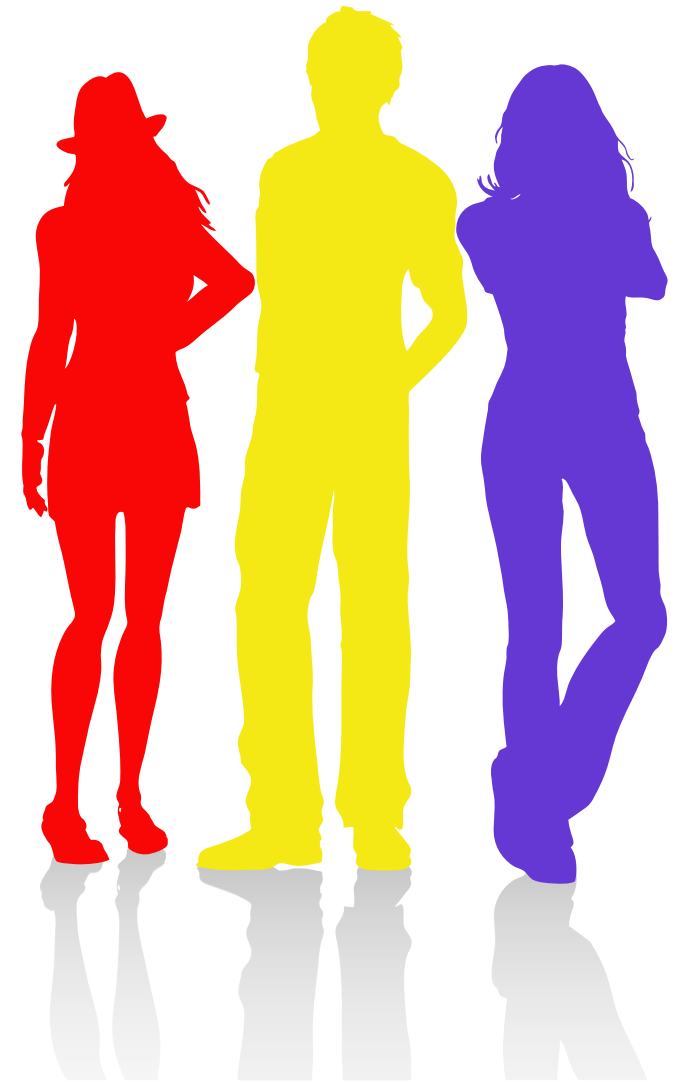
Organisation supporting LGBT individuals aged 16-25

Domestic Violence Helpline NI

08009171414

Unite Against Hate

www.uniteagainsthate.org.uk



Contact details of Advocacy Worker:

Office: 028 9031 9030

Mobile: 07856 5871998

Email: harriet@rainbow-project.org

Join us on Facebook: Support the LGBTQ

Advocacy Service in NI



**SUPPORT SERVICE FOR
LGBT PEOPLE**

Threats, violence, verbal abuse, intimidation, vandalism and damage, sexual assault and/or coercion are all ways you can be affected by homophobia, hate and discrimination whether it is coming from members of the public or your own family.

Are you the victim of a homophobic incident?

A stranger, housemate, family member, colleague, partner or neighbour can all demonstrate homophobic behaviour and actions. Homophobia can have a direct impact on your safety, your property, your belongings, your children and your mental health. The advocacy service has been put in place to support victims who naturally and understandably are fearful of the consequences to themselves and the perpetrators of homophobic hate incidents.

Are you the victim of domestic abuse?

If you are gay, lesbian or trans you may feel more vulnerable or afraid about disclosing abusive behaviour in your relationship because you will be worried about being taken seriously. Relationship abuse involves power and control. This could be physical, emotional, financial and sexual and may particularly involve using your sexual orientation and relationship as a weapon. Intimate family members are capable of this abuse as well as intimate partners. The advocacy service has been put in place to support you in total confidence and provide information about other support available to you. Abuse in any relationship is wrong, don't suffer alone, come and speak to someone.

Are you the victim of discrimination in the workplace, your community or in the health services?

There are many ways you may experience discrimination that you perceive is directed at you because of your sexual orientation. The advocacy service is here to provide support and information to you in a variety of ways.



Help & support are available if:

- You have been experiencing hate incidents/crimes either as a victim or a witness
- You have been experiencing abuse from a partner or a family member
- You are facing discrimination or inequality when trying to access products and services

The advocate can:

- Support you in your disclosure and reporting of incidents
- Advise you of your choice and control over what happens next
- Accompany you in a supportive role should you wish to take things further with PSNI, NIHE etc
- Provide information about support and services available to you and your family
- Speak on your behalf to agencies and service providers
- Raise awareness of issues you have faced/are facing to improve services in the future
- Treat all matters with sensitivity and respect for your privacy

Report hate crimes online at:
www.psni.police.uk/index/hate_crime_reporting.htm